

PACKING LIST

- **Bible (non-electronic preferred)**
- **Journal/Notebook**
- **Casual clothes for LIFT and church**
- **Athletic clothes and shoes for Main Event**
- **Sleeping bag**
- **Pillow**
- **Blanket (optional)**
- **Any needed medications**
- **Snacks**
- **Medical Release Form**
- **2025 Waiver (If not previously submitted)**

